

2012 Region 9/10 Powerlifting Competition

April 14, 2012 - North Bay, ON

Athlete	Community	Weight Class (KG)	Squat (KG)	Bench Press (KG)	Deadlift (KG)	Total (KG)	Place
Meghan Ripley	Pembroke	52	20	DQ	DNP	DQ	-
Rachael Balfour	Pembroke	84	32.5	30	47.5	110	1
Tamara Showell	Sudbury	84+	20	30	77.5	127.5	1
David Malley	North Bay	58	27.5	25	75	127.5	1
Cody Mayville-Larmand	North Bay	58	30	25	65	120	2
Claude Fortine	Sudbury	58	20	27.5	65	112.5	3
Keith Granger	North Bay	66	90	65	140	295	1
Benjamin Chain	North Bay	66	92.5	60	115	267.5	2
Kevin Grigg	North Bay	74	85	60	92.5	237.5	1
Paul Perreault	Timmins	74	145	95	170	410	1
Luc Tremblay	Timmins	74	67.5	45	95	207.5	2
Brian Dinwoodie	Pembroke	74	35	35	60	130	3
Sebastien Bouillon	Sudbury	74	52.5	DQ	DNP	DQ	-
Andre Goulet	Timmins	83	165	115	185	465	1
Jacob Dallaire	Timmins	83	92.5	55	125	272.5	2
Nicholas Hoffman-Roy	Timmins	93	85	65	120	270	1
Jeff Shand	Pembroke	93	70	60	75	205	2
Richard Dwyer	Timmins	105	140	100	175	415	1
Eric Kaija	Timmins	105	115	92.5	172.5	380	1
Peter Washington	North Bay	93	60	60	92.5	212.5	1
James Ilves	Sudbury	105	20	75	90	185	2
Alain Gagne	Sudbury	105	20	37.5	60	117.5	3
Jason Blais	Sudbury	120	20	85	132.5	237.5	1
Nikolas Skrtic	Timmins	120	20	70	130	220	2
Landon Ellis	Timmins	120	20	55	90	165	3
Joe Milani	Sudbury	120+	60	77.5	100	237.5	1
Pierre Frenette	North Bay	120+	40	65	130	235	2